

Burden Interview

Now I am going to ask you some questions regarding your feelings about caring for (CR).

Do you feel:	Never	Rarely	Sometimes	Quite frequently	Nearly always	Unknown	Refused
1. that because of the time you spend with (CR) that you don't have enough time for yourself?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
2. stressed between caring for (CR) and trying to meet other responsibilities (work/family)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
3. angry when you are around (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
4. that (CR) currently affects your relationship with family members or friends in a negative way?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
5. strained when you are around (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
6. that your health has suffered because of your involvement with (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
7. that you don't have as much privacy as you would like because of (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
8. that your social life has suffered because you are caring for (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
9. that you have lost control of your life since (CR)'s illness?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
10. uncertain about what to do about (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
11. you should be doing more for (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
12. you could do a better job in caring for (CR)?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()

BURDEN INTERVIEW

我現在有一些問題是關於你對照顧【被照護者】的感覺。

你是否覺得:	從不	偶然	有時	頻密	差不多常常	不知道	拒絕回答
1. 自己的時間不夠用 是因為需要和 【被照護者】一起?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
2. 因為要平衡照護工作和 其他責任(上班/家庭) 而覺得壓力很大?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
3. 與【被照護者】 一起時覺得憤怒?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
4. 【被照護者】目前對你 與家人或朋友 關係有負面影響?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
5. 與【被照護者】一起時 感覺緊張疲累?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
6. 因為照料【被照護者】 而出現健康問題?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
7. 因為【被照護者】而 沒有了部份個人私隱?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
8. 因為照料【被照護者】 而影響社交生活?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
9. 自從【被照護者】生病 後，生命便失去了 控制?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
10. 不肯定如何處理 【被照護者】?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
11. 應該為【被照護者】 做更多?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()
12. 照料【被照護者】時 可以做得更好?	0 ()	1 ()	2 ()	3 ()	4 ()	-3 ()	-4 ()